

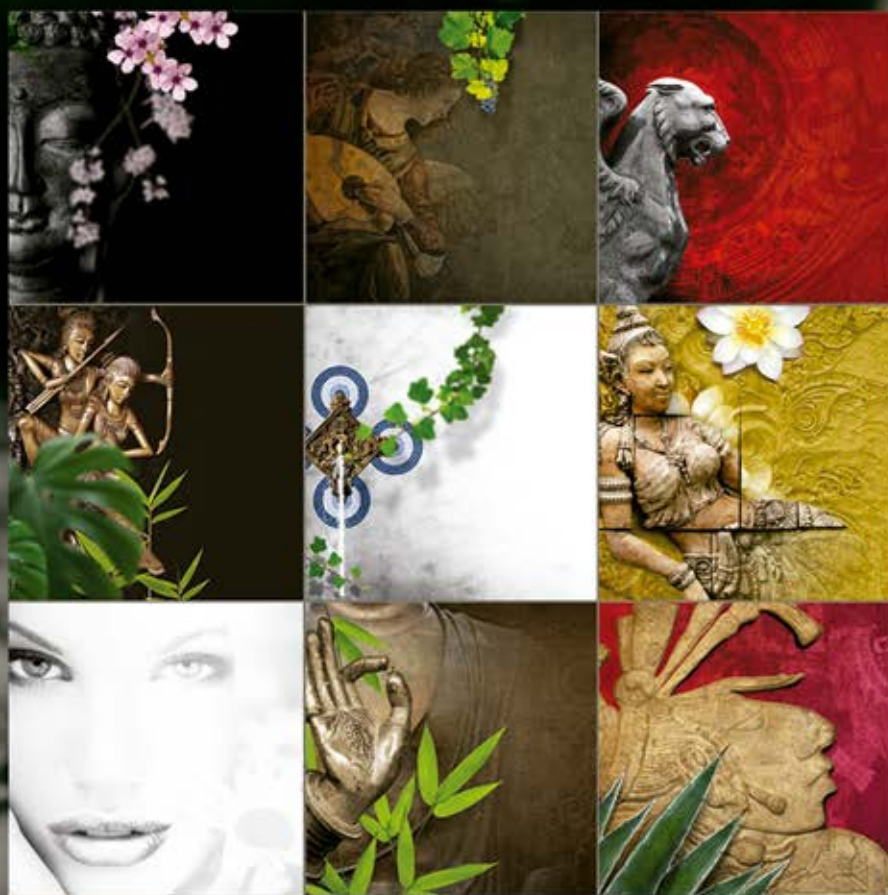


MELANGE®

WORLD SPA

W E L C O M E

Beauty, luxury and exclusivity in one place



Live the most sophisticated treatments
and rituals from different world cultures.
Bali · Türkiye · Italy · USA-America · India
Russia · Japan · Thailand · Mexico



Mélange is a French word that means "mixture of components", and from that we bring you the most specialized therapies from around the world, allowing you to indulge into a totally different and unique spa experience.

Enter a world of variety where beautiful cultures emerge from the origin and traditions of spa history inside each of the spa treatment rooms.





Signature

WORLD SPA EXPERIENCE



MEXICO

Mexico Agave Experience

*Center of an ancient cosmos fused with
other worlds*

Growing in primeval power and energy

*Opening undiscovered doors to
new possibilities*

Our signature Mexico spa treatment offers you the hydrating and nourishing powers of the native blue agave, honey and aloe vera. We infuse these ingredients that soften your skin and relax your entire being. Enjoy a facial and body exfoliation, followed by a body wrap, and finish with a light body massage.

85 min.





JAPAN

Japan Shiatsu Experience

*Crystal waters cascade on rocks
as the sprays create rainbows
Buddha smiles from the shadows*

The Shiatsu experience involves finger pressure applied to the body along with other techniques that aim at improving and balancing the flow of energy of the body. Shiatsu therapy is holistic and excellent for support during the unavoidable changes and transitions that you will experience throughout your lifetime, while treating you to a total relaxation experience. We will enhance this Experience with the Kobido Facial Massage, which through percussion and fast and slow kneading will tone the facial and neck muscles. There's no technology that can replace the power of hands!

85 min.

THAILAND

Thailand massage with herbal compresses Experience

*Movement begets movement flowing ever
outward to transform and revitalize
from the interior*

Thailand offers a unique type of massage that will release muscle tension through a combination of relaxing massage techniques, stretching and gentle tapping using a warm compress with dried aromatic herbs such as tamarind leaves, lavender, ginger, lemongrass and laurel. This warm treatment results in deep relaxation and also has medicinal benefits.

85 min.





T Ü R K I Y E

Türkiye Hammam Experience

*The experience of the bath is the joy
of a man's life*

Treasure the time, it's short for us there to bide

*Delightful opportunity for renovating
the soul and spirit*

Türkiye signature Spa Treatment will offer you a real Turkish bath with the application of olive soap surrounded by marble stones to help relax the mind and body, followed by a self exfoliation with peppermint sea salts while you are still in the turkish bath. After that, you will receive a deeper kese (mitt) exfoliation laying on the bed and enjoy a full body deep tissue massage with essential oils and finish with a wonderful hydrotherapy bath sorrounded by marble stones and candles.

85 min.

R U S S I A

Russia Banya Experience

*Out of diaphanous heat
arises the desire to once again
live life passionately and completely*

Our signature Russian spa treatment is about the banya (sauna). In Russia, sweating and health are virtually synonymous, and the body's safe and natural way to heal because it enhances circulation and oxygenates the cells, tissues and organs. It increases the body's ability to produce energy, which promotes healing by speeding up your metabolism. Your cells are capable of eliminating toxins more effectively. After the sauna experience, you will receive a Russian massage, which is a combination of therapeutic and sports massage developed in the former Soviet Union. It uses a variety of manipulations of the body's soft tissues to achieve benefits, including stress reduction and relief from muscle aches.

85 min.





BALI

Bali Aromatherapy Experience

Greeting the world with joy in the early morning just as you hail the oldest friend or the one you met yesterday

What sets the Balinese massage apart, aside from the combination of techniques, is the use of 7 different essential oils for mental relaxation. Enjoy a mud massage utilizing organic ingredients such as bell pepper, lime essential oil, coconut and noni extracts. This massage is also designed to deeply relax tense muscle tissue by combining standard massage techniques like kneading and stroking.

85 min.

INDIA

India Shirodhara Experience

Colors and aromas lead to a nearly forgotten universe where hands heal and souls regenerate

Experience a Shirodhara treatment that utilizes an herbal oil that is poured in a steady stream onto your third eye, followed by a gentle scalp massage that helps to relax the nervous system. It will help to improve the function of the five senses, as well as combat insomnia, stress, anxiety, depression, hair loss and fatigue. Also you will enjoy the Abhyanga therapy, which is a gentle but firm whole body massage from head to toe using warm herbal oils and done in a soft rhythmic way. After the massage, a hot water bath in a luxurious copper tub awaits you.

85 min.





USA - AMERICA

America Melange Experience

*Enter a world of sophistication, glamour,
attitude, style and practicality
like no other*

USA - America has revolutionized the spa concept, from traditional spa treatments to skin care expertise, facial treatments, and spa services on the go. Now you will experience a Ménage Spa session where you could choose from a very sophisticated anti-aging facial to a classic European hydrating facial, along with spa manicure and pedicure, all at the same time in our fabulous 3-1 spa units!

85 min.

ITALY

Italy Vendemmia Wine Experience

*Wine flows freely, attracting family,
friends and neighbors to remember
that life is only lived in the present*

Italy will take you to the traditional "Vendemmia" grape crushing process, followed by a wine therapy infused bath in an original wooden barrel, where you will enjoy a wine tasting of three different selections. After the bath, you will receive a full body relaxing massage that will improve circulation and offer you the benefits of polyphenols, extracted from the grapes, which help to combat free radicals and premature aging. Wine has been known to be the fountain of health and longevity. Treat yourself to a well-deserved pampering.

85 min.





Spa

COUPLE EXPERIENCE

Melange Nights | 180 min.

Exclusivity to the maximum! Melange World Spa just for you... Enjoy a wonderful night in the spa, exclusively for you and your beloved, under the light of the stars with a bottle of champagne, berries and Chef's selection of charcuterie board while receiving a reflexology massage. Continue this wonderful experience in our spectacular couple's cabin where you will receive a relaxing muscle hemp massage that will help relieve muscle tension, improve blood flow, reduce pain, calm the nervous system, stimulate the lymphatic system and reduce stress. You will end this lovely evening in the hot tub with soothing aromatic salts.

Couples Care | 85 min.

Pamper your special someone with the ultimate body and facial anti-stress therapy that combines ancient ayurvedic hot oil therapy with a relaxing hot stone relaxing massage, and then a rejuvenating seaweed facial that will provide immediate deep moisture and protection to the skin. Delivers maximum results in a minimum amount of time. Awaken all your senses and emerge totally renewed.

Spa Romance | 150 min.

Enjoy a magnificent honeymooner's experience. Indulge side by side in the privacy of our luxurious couple's spa suite with Seaweed Facials, followed by a relaxing aromatherapy massage and a hydrotherapy bath prepared with essential oils. After that, you will enjoy a little private snuggle time with sparkling wine and chocolate covered fruit. The ultimate romantic experience for you and the one you love.



Spa

M E L A N G E E X P E R I E N C E

Melange Ritual | 85 min.

Experience an exclusive Melange ritual enjoying a special massage that will awaken your senses to well-being. Select the aromatic candle of your choice such as passion fruit, lavender or citrus and receive a warm massage with candle oil that will leave your skin hydrated and velvety, to complete your ritual we will apply a rejuvenating facial mask. A total relaxation experience.

Sea Escape Facial & Body Therapy | 85 min.

Enjoy the magnificent healing experience of stone therapy on your hands, arms and feet, while relieving the tension and stress that will improve your overall well-being, combined with the Velvet Seaweed Facial Treatment. European seaweed and minerals will rejuvenate, renew, tone and firm your skin. Don't miss this Unique Spa Experience!

Men Only Wellness & Renewal All Over | 85 min.

You may choose from a Swedish relaxing aromatherapy massage or a firmer and deeper type of body massage, that will help you release chronic muscle tension derived from stress and offer you a totally relaxing experience. Also, allow us to offer you a renewal facial exfoliation in combination with an invigorating facial massage to refresh your skin, as well as the application of an astringent seaweed mask that firms your face.

Bachelorette Party | 150 min.

Enjoy a fun Day Spa with your bridesmaids... we will start with a moisturizing Seaweed Facial, then we will welcome you to beautify your hands and feet with a Deluxe Manicure and Pedicure for the big day. We will surprise you with delicious bites and a cocktail party. Remember stories from years of a wonderful friendship!.





Spa

FACIAL EXPERIENCE

Forever Young Lifting | 85 min.

Ultra-hydrating treatment with an immediate lifting effect that optimises the collagen synthesis process from the inside out. Its ability to effectively fill wrinkles and regenerate and boost the skin's firmness brings visible and long-lasting results. Skin looks naturally younger and more radiant.

Pearl Perfection Facial | 85 min.

Wrap your skin in a halo of youth and luminosity thanks to the action of the powder of freshwater pearls, very rich in amino acids. Hydrates, tones, repairs and protects. Accelerates skin renewal without irritating or photosensitizing it, resulting in fine, smooth and elastic skin.

Bio-Cellular Botanic Facial | 85 min.

Combat the signs derived from cellular aging. Natural active ingredients combined with the Massada TM complex, regenerate and balance the tissues in depth, achieving a visibly younger, revitalized and deeply hydrated complexion. Maintains the balance of hydration and nutrition depending on the needs of each skin.

Seaweed Velvet Facial | 85 min.

Enjoy our selection of seaweed masks for different skin types. Seaweed masks serve to introduce active ingredients into the skin by saturation and have various benefits depending on their active ingredients, which allow them to be used effectively in anti-aging, depigmenting, anti-stress and anti-sagging treatments. The Velvet Facial will help the production of collagen and will restore firmness, hydration and softness to the skin. You cannot miss this supreme spa experience!

Anti-Acne Mature Skin Treatment | 85 min.

Facial treatment highly recommended to regulate sebaceous secretion. Promotes cell renewal, reduces open pores, moisturizes and protects the skin; providing a bactericidal and anti-inflammatory action that helps improve healing. Royal jelly, propolis, and hydrolyzed collagen are some of the active principles that will help prevent the appearance of acne.

Seaweed Firming Facial | 55 min.

Goodbye to dry skin with the perfect solution from the sea... Enjoy our facial treatment that provides 100% immediate moisturizing and supreme protection, and increases moisture while fighting fine lines and firming. This treatment was created not only to counteract dryness with application, but also to offer long-term benefits and leave skin feeling a gentle, moisturizing, radiant breeze throughout the day. This treatment delivers maximum results in a minimum of time.

Mattifying Facial Treatment | 55 min.

Enjoy the Biorepair Facial Treatment specially designed to control excess oil in mature skin. Its exclusive formula combines argan oil, evening primrose oil, rosehip oil and menthol, which will help skin regeneration while restoring luminosity and firmness to the face, offering maximum results in a short time.

Revive Eye Contour Treatment | 30 min.

Specifically designed to reduce the appearance of under-eye puffiness, dark circles and fine lines. You won't believe your eyes! Hydrates, regenerates and gradually increases the elasticity of the fine skin around the eyes, and progressively improves expression lines and puffiness. This treatment guarantees to give you the look you've been craving – well rested, luminous eyes.





Spa

BODY, HAND & FOOT EXPERIENCE

Thalassotherapy Seaweed Body Treatment | 55 min.

Start an ocean journey with a sea salt exfoliant, followed by a full body seaweed mask, that will offer overall circulatory stimulation, encourage elimination of toxins, and soften and smooth the skin, giving a total sense of wellbeing. After we apply this mask, you will be wrapped and covered with a thermal blanket to help penetrate the nutrients into your skin.

Tanning Accelerator Treatment | 55 min.

Ready for the perfect tan? Make everyone look your way! With this treatment, you will obtain a uniform, intense and fast tan. The products we use have great penetrating power and are easily absorbed. Your skin will feel moisturized, soft and elastic. Keep your tan longer!

À la Carté Body Exfoliation | 30 min.

Enjoy à la carte service with your choice of coconut-lime, coffee, peppermint or green tea-bamboo body scrubs to eliminate rough and dehydrated skin, leaving your body smooth, refreshed and re-energized. Scrub away dry skin, paying special attention to elbows, knees and feet. After the exfoliation, you will rinse off in a warm shower and dry off before applying a hydrating body cream.

Sunburn Release Treatment | 25 min.

Relax your skin after exposure to the sun and avoid redness. Fresh organic aloe and noni gel will provide great hydration and softness to the skin. This treatment will soften the tightness of burns and avoid the dreaded flaking.

Awapuhi Capillary Treatment | 60 min.

Awapuhi has been used for centuries by native Hawaiians to nourish and hydrate skin and hair. This lipid-rich root extract has excellent hydrating properties. It leaves all hair-types soft, silky and hydrated. An essential classic of hair beauty, it aids in recovery from damage caused by pool chemicals and sea salt.





Peppermint Foot Treatment | 45 min.

Invigorate and re-energize your tired, aching or swollen feet and legs. Enjoy this therapeutic treatment created with a special blend of seaweed and peppermint essential oils, followed by a foot reflexology massage, for a sense of total body wellness.

Mélange Deluxe Spa Manicure or Pedicure

If you are looking for an upgraded traditional service, you should experience the difference with our deluxe spa manicure or deluxe spa pedicure that includes your choice of any à la carte scrub and mask to pamper your skin!

60 min. manicure / 75 min. pedicure.



Manicure o Pedicure Spa Express

Our classic European-style express mani or pedi features a hot water immersion to relax the hands or feet, followed by soft exfoliation, cuticle care, nail trim, and the application of a hand cream or foot cream.

30 min. manicure / 40 min. pedicure.

Glow & Paraffin for Hands or Feet

Enhance your manicure or pedicure experience with the application of wonderful paraffin to soften and soothe your skin. Your hands/feet are submerged in warm liquid paraffin wax that then hardens slightly on your skin and is removed after a few minutes.

15 min. each



Spa

SPECIALTY MASSAGE EXPERIENCE

Healing Massage | 55 min. / 85 min.

An alternative massage in which we apply a personalized blend of essential oils that give off strong, pleasant aromas to promote relaxation, a sense of well-being, and healing. Aromatherapy massage is used for different reasons, including relaxation, pain management, and improved mood. Your massage therapist will apply a few drops of the essential oils along your spine directly to your skin and is meant to improve your physical and mental well-being. A therapy you will love!

Quartz Massage Experience | 55 min. / 85 min.

Chakras are the energy centers located in the human body and responsible for balancing body and mind. Enjoy this NEW experience of total relaxation and well-being where we offer a personalized therapy of quartz on your chakras in combination with a relaxing or deep tissue massage to work the energy points where you need it most. We will select the oil and aromatherapy appropriate to your chakra, as well as focusing on specific areas to work according to your energy needs.

Thai Herbal Massage | 85 min.

This Thai massage releases muscular tension with soft rolling movements, performed with a hot pack filled with dry herbs like tamarind leaves, lavender, ginger, lemongrass and laurel. This warm treatment has medicinal benefits and feels heavenly on sore muscles. Also enjoy the application of wonderful oils from the East!

The Hot Stone Massage | 85 min.

The original Stone Therapy provides a deep warm nourishing massage that is applied with soft, round and warm volcanic stones. The warm stones will be placed between your toes, along your spine and on the chakra center points of your body. Aromatic oils will prepare your body to receive the warm stones in combination with long-soothing strokes, reflexology, deep-cross fiber techniques and acupressure. Hot therapy aids rapid healing and tissue repair, releases deep tension and brings relief to deep chronic pain.

Bamboo Massage | 85 min.

This massage takes you to a new level of feeling. Each bamboo tool is designed to work on diverse parts of the body and maximize leverage and gravity with sliding, rolling, kneading, pivoting, tapping and friction techniques. Because the tools cover such a broad area at one time, they afford some of the most effective and enjoyable work imaginable on trouble areas such as neck, shoulders, back and legs. It will enhance circulation, remove stagnant toxins and move blood throughout the body, heart and lungs, improving internal respiration.

Lymphatic Drainage Massage | 85 min.

Delicate form of massage that stimulates the body's lymphatic system, improving the metabolism, helping the body to eliminate waste and toxins, while providing a boost to the immune system. It also has a positive physical effect, improving the appearance of the skin and reducing puffiness caused by water retention or poor circulation.

Reflexology Foot Massage | 30 min. / 50 min.

Reflexology uses pressure points on the feet corresponding to specific organs of the body to relieve stress and release blocked energy throughout the body. The proper stimulation of these reflexes can aid in many health problems in a natural way.





Spa

TRADITIONAL MASSAGE EXPERIENCE

Therapeutic Massage | 85 min.

Enjoy a full body massage with a combination of acupressure, reflexology, deep tissue and stretching techniques to release physical and mental stress. Improves blood circulation, eliminates toxins and helps to diminish muscular aches.

Aromatherapy Swedish Massage | 55 min. / 85 min.

This gentle full body massage improves circulation, concentrating on the muscles to relieve discomfort and tension caused by everyday stress and activities. The massage combines the sense of smell, utilizing pure essential oil extracts to soothe the senses and enhance the relaxation of the nervous system.

Sports Deep Tissue Massage | 55 min. / 85 min.

This is a firmer and deeper type of body massage that helps to release chronic muscle tension derived from doing exercise or for guests that enjoy a firmer pressure massage technique. Ideal for anyone that has an athletic and active lifestyle.

Reflexomassage for Legs and Foot | 55 min.

All too often we take our bodies for granted, putting continual demands on ourselves. Our legs and feet frequently get ignored, and small twinges and discomforts often go unheeded. Massage provides the means to ease these tensions and revitalize this weight-bearing part of the body. Enjoy a body lifting experience with this wonderful massage.

Back, Neck & Shoulder Massage | 30 min. / 50 min.

This massage focuses on neck, shoulders, upper back and lower back, where most people carry stress and tension. Combining deep and relaxation massage techniques, you will achieve maximum benefits in a minimum amount of time.



Please Take a Moment to Read This Important Information.

Please advise your therapist of any condition such as high blood pressure, heart arrhythmia, pregnancy or any other medical conditions. The spa is not responsible for personal health-related incidents.

Please be aware that recovery from tension or muscle stress may require more than one massage session.

Plan to arrive at least 30 minutes prior to your appointment. This is to allow you plenty of time to check in, change, use the steam room, jacuzzi, and cascade shower, and begin the relaxation process.

Arriving late will deprive you of valuable treatment time. As a courtesy to the next guest, your treatment will end at the time originally scheduled.

All prices include Federal Taxes.

For your convenience, a 10% service charge will be automatically added to your bill. This amount is given to your service provider(s). Additional gratuities are appreciated but not mandatory.

To cancel or reschedule, please notify us at least 8 hours prior to your appointment; otherwise, it will be considered a "no show" and your account will be charged with 100% of your treatment cost. All prices are subject to change without further notice.

The spa is designed for the enjoyment of our adult guests. To receive a treatment, guests must be 18 years or older. Guests under 18 are required to have an adult present during the service.

Guests 16 years of age and over are welcome to use the fitness center.

We recommend that you do not wear jewelry before you receive a treatment. The spa is not responsible for lost, stolen or damaged personal possessions.

Gift certificates are available for all services.

Please note that we comply with all Covid-19 safety protocols.



For reservations and spa information you may contact our Spa Concierge.



Ph. (52) 329 291 7000
Spa reception ext. 6126 - 6127
conciERGE1.spa.armony@melangeworldspa.com

Carretera a Punta de Mita Km 8.3,
Playa Destiladeras, Bahía de Banderas,
Nayarit, México.